


Zion Lutheran School Lunch Menu

Mon	Tue	Wed	Thu	Fri
3 Chicken Drummies Mashed Potatoes & Gravy Corn Banana *PB & J	4 Nachos Tossed Salad Salsa, Sour Cream Pears *PB & J	5 Cream of Broccoli Soup Dinner Rolls Mandarin Oranges *Roast Beef & Swiss on wheat	6 Burgers Potato Chips Mixed Veggies Grapes *PB & J	7 Fish Sticks Tator Tots Carrots Apricots *PB & J
10 Hot Dogs Potato Chips Green Beans Fruit Cocktail *PB & J	11 Parents to Lunch (Gr. 1) Tacos Corn Refried Beans Pineapple *PB & J	12 Parents to Lunch for ALL DAY Preschool Chicken Alfredo Breadsticks Strawberries Carrots *Ham Salad on bun	13 Sloppy Joes Potato Wedges Peas Apples *PB & J	14 Breaded Fish Fillet Sandwich w/Bun Scalloped Potatoes Winter Blend Veggies Melon *PB & J
17 Pulled Pork w/Bun Creamed Corn Mixed Fruit Cup *PB & J	18 Corn Dogs Potato Smiles Mixed Veggies Orange Wedges *PB & J	19 BBQ Rib Patty French Fries Carrots/Celery Grapes *Lunchmeat & Cheese on Hoagie bun	20 Italian Meat Sauce/ Pasta Breadsticks Green Beans Pears *PB & J	21 Lemon Pepper Fish Scalloped Potatoes Broccoli Tropical Fruit *PB & J
24 Orange Chicken Rice Egg Roll Peaches & Pears *PB & J	25 Meatballs Mashed Potatoes w/gravy Peas & Carrots Mixed Melon *PB & J	26 Popcorn Chicken Bowl (Popcorn Chicken, Mashed Potatoes, Corn) Pineapple *Turkey & Cheese on bun	27 Loaded Baked Potato Cheesy Broccoli Strawberries *PB & J	28 Homemade Cheese Pizza Tossed Salad Tropical Fruit *PB & J
31 Filled Berry Pancakes Sausage Grapes Apples *PB & J				

Lunch Entrée: Vegetable: Rainbow Fresh Veggie Bar Fruit: Variety Fresh or Canned Fruit

Lunch: All meals are served with assorted fruits and fresh veggies.
This institution is an equal opportunity provider. Milk is served at all meals. Menu is subject to change.