



# DECEMBER


## Zion Lutheran School Lunch Menu

Mon	Tue	Wed	Thu	Fri
2 Burgers Potato Rings Watermelon Peas  *PB & J	3 Chicken Dumpling Soup w/Dinner Roll Peaches  *PB & J	4 Monte Cristo Sliders Corn Tropical Fruit  *Hoagies	5 Loaded Baked Potato Cheesy Broccoli Grapes  *PB & J	6 Homemade Pepperoni Pizza Salad Bar Mandarin Oranges  *PB & J
9 Riblet Sandwich Carrots Apricots  *PB & J	10 Olson Birthday Meal Walking Tacos Mandarin Oranges 5-Way Veggies Brownies  *PB & J	11 Mandarin Orange Chicken Green Beans Apple Sauce  *Egg Salad	12 Baked Potato Soup w/Dinner Roll Apples  *PB & J	13 Grilled Ham & Cheese Sandwich Peas & Carrots Fruit Cocktail  *PB & J
16 Popcorn Chicken Bowl Popcorn Chicken Mashed Potatoes Corn Mixed Melon *PB & J	17 <b>Parents to Lunch – Gr. 4</b> Meatballs Mashed Potatoes Cali Blend Peaches  *PB & J	18 Hot Dogs Baked Beans Carrots Orange Wedges  *Roast Beef & Swiss	19 Nachos Tossed Salad Pears  *PB & J	20 Chili Cornbread Apples  *PB & J
23  <b>NO SCHOOL</b>	24  <b>NO SCHOOL</b>	25  <b>NO SCHOOL</b>	26  <b>NO SCHOOL</b>	27  <b>NO SCHOOL</b>
30  <b>NO SCHOOL</b>	31  <b>NO SCHOOL</b>	January 1  <b>NO SCHOOL</b>	January 2  <b>NO SCHOOL</b>	January 3 - <b>NO SCHOOL</b>  <b>January 6</b> – Corn Dogs, Potato Smiles, Green Beans, Fruit Cocktail

**Lunch Entrée: Vegetable: Rainbow Fresh Veggie Bar Fruit: Variety Fresh or Canned Fruit**

**Lunch: All meals are served with assorted fruits and fresh veggies.**  
**This institution is an equal opportunity provider. Milk is served at all meals.**  
**Menu is subject to change.**

# Zion Lutheran School *December* Breakfast and Snack Menu

Mon	Tue	Wed	Thu	Fri
				
<b>SNACK: December 2<sup>nd</sup> - 20<sup>th</sup> (15 days before Christmas) snack will be special every day and for everyone in the class/school.</b>				
2 Pancakes & Sausage or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 15</div>	3 Egg & Bacon English Muffins or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 14</div>	4 Quiche or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 13</div>	5 Carmel Rolls or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 12</div>	6 Homemade Danish or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 11</div>
9 Cake Donuts or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 10</div>	10 Lemon Crescents or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 9</div>	11 Monkey Muffins or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 8</div>	12 Banana Bread (Homemade) or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 7</div>	13 Apple Turnovers or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 6</div>
16 Long Johns w/frosting or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 5</div>	17 Scones or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 4</div>	18 Ham & Egg & Cheese Cups or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 3</div>	19 Breakfast Pizza or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 2</div>	20 Cook's Choice or Cereal  <div style="border: 1px solid black; padding: 2px; display: inline-block;">SNACK 1</div>
23  <b>NO SCHOOL</b>	24  <b>NO SCHOOL</b>	25  <b>NO SCHOOL</b>	26  <b>NO SCHOOL</b>	27  <b>NO SCHOOL</b>
30  <b>NO SCHOOL</b>	31  <b>NO SCHOOL</b>	January 1  <b>NO SCHOOL</b>	January 2  <b>NO SCHOOL</b>	January 3  <b>NO SCHOOL</b> <span style="color: red; font-weight: bold;">January 6 Donuts/Cereal SNACK Cheese Sticks</span>

**Breakfast – Students must select 3 components, 1 of those must be ½ cup fruit or juice. A whole grain food item is offered each day. We serve 1% milk. All cereal offered will be whole grain.**

**Each meal will also have: Cereal/Variety, Juice or Fruit and Milk**